







## **Welcome Remark**

## Dear Friends and Colleagues,

The APCMS 2023 (6th Asia-Pacific CardioMetabolic Syndrome) Congress will be held on May 5~6 (Friday and Saturday), 2023 at the Conrad Hotel, Seoul, Korea. The theme is "Transcendent Insight on Heart and Metabolism".

The CardioMetabolic Syndrome (CMS) causes cardiovascular disease, diabetes mellitus, fatty liver disease, calcified valve disease, and dementia. It is prevalent globally and is increasing. The KSCMS study Fact Sheet 2021 (Korean Survey of CardioMetabolic Syndrome) performed by our society, reported that a prevalence of CMS was 22.9% in 2018 in adults aged  $\geq$  19 years (Huh et al. Cardiometab Syndr J 2021 September;1(2):125-134). The CMS can be prevented through diet, exercise, and intensive control of risk factors.

We have hosted APCMS Congress in Seoul from 2018 to 2022. The themes were "Cardio-MetS Asia", "New Horizons to the CMS", "Meet the Cutting-Edge Progress in CMS", and "Bringing Innovation to Prevent and Manage CMS". The APCMS Congress has been successful in both quality and quantity. Many professional representatives- cardiologists, endocrinologists, epidemiologists, family medicine physicians, nutritionists, sports medicine physicians from over 19 countries have attended. You will be able to see the development and achievements that we will make throughout the years. Indeed, we are performing a prospective registry nationally and publish an international, peer-reviewed journal "CardioMetabolic Syndrome Journal (CMSJ)". The website is https://www.e-cmsj.org/. Also, we published a practical guide book to prevent and manage CMS for both health professionals and patients. We believe the success of this congress is achieved entirely by active participation and contribution from the globe.

The APCMS 2023 consists of educational symposia, joint sessions with overseas societies, original competition sessions such as oral, mini-oral, young investigator, and poster presentations (honorable certificates and awards). We create Distinguished Young Investigator Award to acknowledge achievement. We continue to offer a travel grant for overseas colleagues to join APCMS 2023. We definitely welcome you.

Finally, the scientific program and abstract submission are available online, www.apcmscongress.org. If you have any questions, please feel free to contact a secretariat by e-mail at scientificmtg1@gmail.com.

Thanks

All the best,



Kny Kon Koh

Kwang Kon Koh, MD, PhD President



Sang-Ho Jo, MD, PhD Scientific Chairperson

Korean Society of CardioMetabolic Syndrome (KSCMS) Asia-Pacific CardioMetabolic Syndrome Congress (APCMS)